ALANNA Wellness & Spa

Signature Wellness Rituals

NURTURE BY NATURE DAY RETREAT

The ultimate reset for body and mind. This immersive journey includes a Thermal Journey & Hydrotherapy, body polish and body wrap, personalized tension-melting massage, and a radiance enhancing facial. Complete your renewal with a wellness meal and a spa manicure or spa pedicure. Perfect for individuals, friends, or couples.

5.5 hrs I THB 8,900 per person
5.5 hrs I THB 15,900 per couple

ELEMENTAL BALANCE RITUAL

A transformative wellness ritual inspired by nature's elements — includes Thermal Journey & Hydrotherapy access, a mineral rich body polish, your choice of Alanna Heavenly or Restorative Recovery massage, and a signature floral milky bath for total renewal.

150 minutes I THB 4,500

ROYAL ALANNA

Therapeutic Treatment by Master Therapist

An exquisite, bespoke therapy starting with a private consultation with our Master Therapist, combining restorative & therapeutic massage, warm stones, heated wellness pad and herbal compresses to ease chronic tension and evoke regal tranquility.

120 minutes I THB 3,800

WHISPERS OF HARMONY

A harmonious journey inspired by Northern Thai healing wisdom and the serene spirit of the Andaman Sea. Combining warm herbal therapies, flowing seashell massage, and gentle sound healing, this signature ritual restores a sense of deep relaxation, sensory balance, and inner harmony.

120 minutes I THB 2,900

ALANNA JOURNEY

A blend of Eastern and Western traditions, starting with a Thai Lanna Massage, then a relaxation session of Alanna Heavenly, and finishing with a soothing herbal hot compress designed to restore balance and serenity.

120 minutes I THB 2,900

TIMELESS ELIXIR FACIAL WITH LA MER SIGNATURE GUA SHA

Flowing facial massage with La Mer Signature Gua Sha and skin-lifting professional skincare, visibly sculpt, lift, and restore tone — delivering a naturally lifted, beautifully youthful look. Facial contouring, firming, circulation boost, stress relief.

60 minutes I THB 2,900

ALANNA CHAKRA BALANCING

A harmonious ritual combining soothing massage, seven chakra stones, Tibetan singing bowls, and gentle vibrational massage using antique bowl to encourage deep relaxation, emotional calm, and inner balance.

90 minutes I THB 2,950

Family Wellness Escape

FAMILY WELLNESS ESCAPE

A heartfelt escape for family connection in a private suite. Parents enjoy a 60-minute massage of choice, while children receive a gentle Little Sunshine Massage followed by a Little Sunshine Facial.

60 minutes I THB 3,400 per family (1 adult + 1 child 6 – 12 years)
Add-on additional child (under 12) : +THB 1,500 per child

Thermal Journey & Hydrotherapy Pass

- *Himalayan Salt Sauna*
- *Aromatic Steam Room*
- *Jet-Spa Vitality Pool*
- *Onsen Mineral Bath*
- *Cold Plunge Pool*
- *Serenity Lounge*
- *Healthy Refreshment*

120 minutes I THB 750 *Spa Guest Add-On | THB 500 (Privilege Rate for Spa Guests)*

Body Rituals

RADIANCE BODY POLISH	RENEWAL BODY WRAP	FLORAL MILKY BATH	AROMATIC FOAMING BATH
45 minutes | THB 1,600	45 minutes I THB 1,600	30 minutes I THB 1,400	30 minutes I THB 1,200

Nail Spa

SPA MANICURE	SPA PEDICURE	GEL POLISH ADD-ON
90 minutes I THB 1,500	90 minutes I THB 1,500	THB 490

FOR MORE INFORMATION

All rates are subject to 10% service charge and applicable government taxes

ALANNA Wellness & Spa

Relaxation Massage Treatments

ALANNA HEAVENLY
A deeply soothing full-body massage using your choice of Alanna's bespoke oil blends to restore balance and invite pure relaxation.

60 minutes | THB 1,800
90 minutes | THB 2,500

THAI ROYALE
A refined Thai massage ritual blending rhythmic Sen acupressure with therapeutic Reusi Dat Ton stretches for deep tension relief and lasting postural ease.

60 minutes | THB 1,400
90 minutes | THB 1,900

SERENITY FLOW
Traditional Thai massage techniques meet flowing aromatherapy warm oil massage to release tension, restore flexibility, and leave the body deeply relaxed and light. Deep relaxation, improved flexibility, muscular tension relief, enhanced circulation & body balance.

60 minutes | THB 1,900
90 minutes | THB 2,800

RESTORATIVE RECOVERY
Targeted deep-pressure techniques and recovery-focused movements to release tension, ease muscular fatigue, and restore mobility.

60 minutes | THB 1,900
90 minutes | THB 2,800

FLOW OF WARMTH
A soothing body ritual where smooth heated volcanic stones flow seamlessly alongside therapeutic massage to ease muscular tension, improve circulation, and invite profound relaxation.

60 minutes | THB 1,900
90 minutes | THB 2,800

HARMONY HEAD RITUAL
An Ayurvedic-inspired ritual on the scalp, neck, and shoulders to ease tension, eye strain, and relieve fatigue with Alanna Virgin Coco organic coconut oil.

45 minutes | THB 1,800

GROUNDING REFLEXOLOGY
Grounding ritual stimulating reflex points on the feet to restore balance and support natural healing.

45 minutes | THB 1,400

MOTHER'S EMBRACE
A nurturing massage for expecting mothers after the first trimester using Alanna Virgin Coco to ease muscular discomfort and support circulation.

60 minutes | THB 2,500

Holistic & Therapeutic Treatments

LYMPHATIC RENEWAL
Manual lymphatic drainage and herbal detox patches work together to reduce fluid retention, restore circulation, and leave you feeling lighter and renewed.

60 minutes | THB 2,200

ALANNA REVIVAL
Begins with Himalayan Salt Sauna and Aromatic Steam, followed by back, shoulder, and leg therapy with a heated wellness pad and detox phyto mask, finishing with a calming head and neck massage.

90 minutes | THB 2,400

Facial Treatments

ORGANIC INFUSION+ BY ENDOTA©
Certified organic Australian skincare – Endota, hydrates and detoxifies stressed skin, enhanced by a soothing signature jade roller massage.

60 minutes | THB 3,200

SIGNATURE NEW AGE FACIAL BY ENDOTA©
Ideal for environmentally stressed or mature skin, deeply hydrates, smooths fine lines, and restores youthful vitality and radiant glow.

60 minutes | THB 3,900

GENTLEMAN'S HYDRO REVIVE FACIAL
A rehydrating and rebalancing facial exclusively for men, addressing post-shave sensitivity, dryness, and fatigue.

60 minutes | THB 2,900

Little Sunshine Treatments

Safe, organic spa rituals for children (age 6–12)

LITTLE SUNSHINE MASSAGE
A light, comforting massage using soft, flowing strokes and Alanna Virgin Coco organic coconut oil. Designed to ease tension and bring deep comfort to young ones.

45 minutes | THB 1,350

LITTLE SUNSHINE FACIAL
A gentle facial designed for young skin using organic skincare specially formulated for children's delicate and sensitive skin.

30 minutes | THB 1,350

LITTLE SUNSHINE NAIL CARE
(Manicure or Pedicure)
A playful hand or foot care ritual with non-toxic, child-safe products.

30 minutes | THB 1,000

Enhancement Rituals

Add any of the following to your chosen treatment for a more complete experience.

MINI FACIAL GLOW
30 minutes | THB 1,500

MINI FOOT RITUAL
30 minutes | THB 1,200

NECK & SHOULDER MASSAGE
30 minutes | THB 1,200

BACK RELIEF MASSAGE
30 minutes | THB 1,200

THAI HERBAL HOT COMPRESS
30 minutes | THB 800

COCONUT HOT COMPRESS
30 minutes | THB 800

Begin your journey of renewal with Alanna — discover the art of serene transformation